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32. Mary Black Couper to Sophie M. DuPont, March 5,
1832. The Clementina Smith-Sophie DuPont corre-
spondence of 1,678 letters is in the Sophie DuPont Cor-
respondence. The quotation is from Eliza Schlatter,
Mount Holly, N.J., to Sophie DuPont, Brandywine, Au-
gust 24, 1834. I am indebted to Anthony Wallace for
informing me about this collection.
33. Mary Grew, Providence, R.I., to Isabel Howland, Sher-
wood, N.Y., April 27, 1892, Howland Correspondence,
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34. Helene Deutsch, *Psychology of Women* (New York:
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From Against Our Will: Men, Women and Rape

SUSAN BROWNMILLER

WOMEN FIGHT BACK

On the fourteenth of November, 1642, a young Vir-
gine, daughter to Mr. Adam Fisher, was hurrying
along a country road in Devonshire *so darke that she
could scarce discern her hand* when the figure of a
Gentleman, Mr. Ralph Ashley, a debased Cavalier,
approached on horseback. Inspired by the *Devill*
himself, this gentleman told the trusting maiden that
he knew her father well and would be pleased to
escort her home in safety, for there were lustful sol-
diers in those parts.

And then, Dear Reader, as if you didn't know
what next, he galloped her off to a deserted spot and
went about to ravish her while she fervently prayed,
Help, Lord, or I perish.

Just then a *fearefull Comet burst out in the ayre* and
strucke the rapacious Cavalier with a *streame of fire*
so that *he fell downe staggering.*

According to some shepherds folding their flock
who had witnessed the *Blazing Starre* from a dis-
tance, Mr. Ashley expired within the night, ranting
and raving in terrible blasphemy about *that Round-
headed whore*. Adam Fisher's daughter, aroused

from a graceful faint, found her Virginitie intact and
thanked her lucky starres and God Almighty.

The original text of this Puritan fable, a seventeenth-
century propaganda pamphlet aimed at "those Cav-
aliers which esteem murder and rapine the chiefe
Principalls of their religion," is housed today in the
British Museum.

Three eventful centuries have passed since that
fateful autumn night when Mr. Ralph Ashley at-
tempted to ravish Mr. Adam Fisher's nameless
daughter and was struck in his tracks by a bolt from
the sky. Fewer of us these days, we would all agree,
are young Virgines. The automobile has replaced
the horse and blazing comets have proved fairly un-
predictable after all. But the problem of rape, and
how to deal with it, remains.

To a woman the definition of rape is fairly simple.
A sexual invasion of the body by force, an incur-
sion into the private, personal inner space without
consent—in short, an internal assault from one of
several avenues and by one of several methods—
constitutes a deliberate violation of emotional, phys-
ical and rational integrity and is a hostile, degrading
act of violence that deserves the name of rape.

Yet by tracing man's concept of rape as he de-
fined it in his earliest laws, we now know with cer-
tainty that the criminal act he viewed with horror,
and the deadly punishments he saw fit to apply, had
little to do with an actual act of sexual violence that
a woman's body might sustain. True, the law has
come some distance since its beginnings when rape
meant simply and conclusively the theft of a father's
daughter's virginitie, a specialized crime that dam-
aged valuable goods before they could reach the
matrimonial market, but modern legal perceptions
of rape are rooted still in ancient male concepts of
property.

From the earliest times, when men of one tribe
freely raped women of another tribe to secure new
wives, the laws of marriage and the laws of rape have
been philosophically entwined, and even today it is
largely impossible to separate them out. Man's his-
toric desire to maintain sole, total and complete ac-
cess to woman's vagina, as codified by his earliest
laws of marriage, sprang from his need to be the sole
physical instrument governing impregnation, prog-
eny and inheritance rights. As man understood his
male reality, it was perfectly lawful to capture and

Christensen

rape some other tribe's women, for what better way for his own tribe to increase? But it was unlawful, he felt, for the insult to be returned. The criminal act he viewed with horror and punished as rape was not sexual assault *per se*, but an act of unlawful possession, a trespass against his tribal right to control vaginal access to all women who belonged to him and his kin.

Since marriage, by law, was consummated in one manner only, by defloration of virginity with attendant ceremonial tokens, the act man came to construe as criminal rape was the illegal destruction of virginity outside a marriage contract of his making. Later, when he came to see his own definition as too narrow for the times, he broadened his criminal concept to cover the ruination of his wife's chastity as well, thus extending the law's concern to nonvirgins too. Although these legal origins have been buried in the morass of forgotten history, as the laws of rape continued to evolve they never shook free of their initial concept—that the violation was first and foremost a violation of *male* rights of possession, based on *male* requirements of virginity, chastity and consent to private access as the female bargain in the marriage contract (the underpinnings, as he enforced them, of man's economic estate).

To our modern way of thinking, these theoretical origins are peculiar and difficult to fully grasp. A huge disparity in thought—male logic versus female logic—affects perception of rape to this very day, confounding the analytic processes of some of the best legal minds. Today's young rapist has no thought of capturing a wife or securing an inheritance or estate. His is an act of impermanent conquest, not a practical approach to ownership and control. The economic advantage of rape is a forgotten concept. What remains is the basic male-female struggle, a hit-and-run attack, a brief expression of physical power, a conscious process of intimidation, a blunt, ugly sexual invasion with possible lasting psychological effects on all women.

When rape is placed where it truly belongs, within the context of modern criminal violence and not within the purview of ancient masculine codes, the crime retains its unique dimensions, falling midway between robbery and assault. It is, in one act, both a blow to the body and a blow to the mind, and a "taking" of sex through the use or threat of force.

Yet the differences between rape and an assault or a robbery are as distinctive as the obvious similarities. In a prosecutable case of assault, bodily damage to the victim is clearly evident. In a case of rape, the threat of force does not secure a tangible commodity as we understand the term, although sex traditionally has been viewed by men as "the female treasure"; more precisely, in rape the threat of force obtains a highly valued sexual service through temporary access to the victim's intimate parts, and the intent is not merely to "take," but to humiliate and degrade.

This, then, is the modern reality of rape as it is defined by twentieth-century practice. It is not, however, the reality of rape as it is defined by twentieth-century law.

In order for a sexual assault to qualify as felonious rape in an American courtroom, there must be "forcible penetration of the vagina by the penis, however slight." In other words, rape is defined by law as a heterosexual offense that is characterized by genital copulation. It is with this hallowed, restrictive definition, the *sine qua non* of rape prosecutions, that our argument begins.

That forcible genital copulation is the "worst possible" sex assault a person can sustain, that it deserves by far the severest punishment, equated in some states with the penalties for murder, while all other manner of sexual assaults are lumped together under the label of sodomy and draw lesser penalties by law, can only be seen as an outdated masculine concept that no longer applies to modern crime.

Sexual assault in our day and age is hardly restricted to forced genital copulation, nor is it exclusively a male-on-female offense. Tradition and biologic opportunity have rendered vaginal rape a particular political crime with a particular political history, but the invasion may occur through the mouth or the rectum as well. And while the penis may remain the rapist's favorite weapon, his prime instrument of vengeance, his triumphant display of power, it is not in fact his only tool. Sticks, bottles and even fingers are often substituted for the "natural" thing. And as men may invade women through other orifices, so, too, do they invade other men. Who is to say that the sexual humiliation suffered through forced oral or rectal penetration is a lesser violation of the personal, private inner

space, a lesser injury to self?

All acts of sex that serve to be treated as offenses in the eyes of the law are of the same grade. Similarly, the victim should not be bound by the victim's move in this direction.

A gender-free, recognizing all manner of sexual assault as the first step toward legal reform is, of course, out of date.

In cases of rape, the law should take a philosophical approach for while the ancient law (female rights as well as male) have some validity in the modern world, divorces—civil procedure—law—it must not be force perpetrated by wives. There are the laws governing assault deal with the cases of those who take the assault law might legally separated from "claim" their marital duties fails to come.

Since the beginning of rape has been both consent in marriage to make a clean bill of bodily integrity and self-determination place, in or out of it is easier to write workable legal procedures that juries when faced with a forcing her into compliance principle of bodily established without come an inviolable.

The concept of consent in the much debated consent is construed

space, a lesser injury to mind, spirit and sense of self?

All acts of sex forced on unwilling victims deserve to be treated in concept as equally grave offenses in the eyes of the law, for the avenue of penetration is less significant than the intent to degrade. Similarly, the gravity of the offense ought not be bound by the victim's gender. That the law must move in this direction seems clear.

A gender-free, non-activity-specific law governing all manner of sexual assaults would be but the first step toward legal reform. The law must rid itself of other, outdated masculine concepts as well.

In cases of rape within a marriage, the law must take a philosophic leap of the greatest magnitude, for while the ancient concept of conjugal rights (female rights as well as male) might continue to have some validity in annulments and contested divorces—civil procedures conducted in courts of law—it must not be used as a shield to cover acts of force perpetrated by husbands on the bodies of their wives. There are those who believe that the current laws governing assault and battery are sufficient to deal with the cases of forcible rape in marriage, and those who take the more liberal stand that a sexual assault law might be applicable only to those men legally separated from their wives who return to "claim" their marital "right," but either of these solutions fails to come to grips with the basic violation.

Since the beginning of written history, criminal rape has been bound up with the common law of consent in marriage, and it is time, once and for all, to make a clean break. A sexual assault is an invasion of bodily integrity and a violation of freedom and self-determination wherever it happens to take place, in or out of the marriage bed. I recognize that it is easier to write these words than to draw up a workable legal provision, and I recognize the difficulties that juries will have in their deliberations when faced with a wife who accuses her husband of forcing her into copulation against her will, but the principle of bodily self-determination must be established without qualification, I think, if it is to become an inviolable principle on any level. . . .

The concept of consent rears its formidable head in the much debated laws of statutory rape, but here consent is construed in the opposite sense—not as

something that cannot be retracted, as in marriage, but as something that cannot be given. Since the thirteenth-century Statutes of Westminster, the law has sought to fix an arbitrary age below which an act of sexual intercourse with a female, with or without the use of force, is deemed a criminal offense that deserves severe punishment because the female is too young to know her own mind. Coexistent with these statutory rape laws, and somewhat contradictory to them, have been the laws governing criminal incest, sexual victimization of a child by a blood relation, where the imposition of legal penalties has been charitably lenient, to say the least—yet another indication of the theoretical concept that the child "belongs" to the father's estate. Under current legislation, which is by no means uniform, a conviction for statutory rape may draw a life sentence in many jurisdictions, yet a conviction for incest rarely carries more than a ten-year sentence, approximately the same maximum penalty that is fixed by law for sodomy offenses.

If protection of the bodily integrity of all children is to be genuinely reflected in the law, and not simply the protection of patriarchal interests, then the current division of offenses (statutory rape for outsiders; incest for members of the victim's family) must be erased. Retaining a fixed age of consent seems a necessary and humane measure for the protection of young girls and young boys alike, although it must be understood that any arbitrary age limit is at best a judicious compromise since sexual maturity and wisdom are not automatically conferred with the passage of time. Feminists who have applied themselves to this difficult question are in agreement that all children below the age of twelve deserve unqualified protection by a statutory age provision in sexual assault legislation, since that age is reasonably linked with the onset of puberty and awareness of sex, its biologic functions and repercussions. In line with the tradition of current statutory rape legislation, offenses committed against children below the age of twelve should carry the maximum penalty, normalized to twenty years. Recognizing that young persons above twelve and below sixteen remain particularly vulnerable to sexual coercion by adults who use a position of authority, rather than physical force, to achieve their aim (within the household or within an institution or a

medical facility, to give three all-too-common examples), the law ought to be flexible enough to allow prosecutorial discretion in the handling of these cases under a more limited concept of "statutory sexual assault," with corresponding lesser penalties as the outer age limits are reached.

"Consent" has yet another role to play in a case of sexual assault. In reviewing the act, in seeking to determine whether or not a crime was committed, the concept of consent that is debated in court hinges on whether or not the victim offered sufficient resistance to the attack, whether or not her will was truly overcome by the use of force or the threat of bodily harm. The peculiar nature of sexual crimes of violence, as much as man's peculiar historic perception of their meaning, has always clouded the law's perception of consent.

It is accepted without question that robbery victims need not prove they resisted the robber, and it is never inferred that by handing over their money, they "consented" to the act and therefore the act was no crime. Indeed, police usually advise law-abiding citizens not to resist a robbery, but rather to wait it out patiently, report the offense to the proper authorities, and put the entire matter in the hands of the law. As a matter of fact, successful resistance to a robbery these days is considered heroic.

Currently employed standards of resistance or consent *vis-à-vis* force or the threat of force have never been able to accurately gauge a victim's terror, since terror is a psychological reaction and not an objective standard that can be read on a behavior meter six months later in court, as jury acquittal rates plainly show. For this reason, feminists have argued that the special burden of proof that devolves on a rape victim, that she resisted "within reason," that her eventual compliance was no indication of tacit "consent," is patently unfair, since such standards are not applied in court to the behavior of victims in other kinds of violent crime. A jury should be permitted to weigh the word of a victimized complainant at face value, that is what it boils down to—no more or less a right than is granted to other victims under the law.

Not only is the victim's response during the act measured and weighed, her past sexual history is

scrutinized under the theory that it relates to her "tendency to consent," or that it reflects on her credibility, her veracity, her predisposition to tell the truth or to lie. Or so the law says. As it works out in practice, juries presented with evidence concerning a woman's past sexual history make use of such information to form a moral judgment on her character, and here all the old myths of rape are brought into play, for the feeling persists that a virtuous woman either cannot get raped or does not get into situations that leave her open to assault. Thus the questions in the jury room become "Was she or wasn't she asking for it?"; "If she had been a decent woman, wouldn't she have fought to the death to defend her 'treasure'?"; and "Is this bimbo worth the ruination of a man's career and reputation?"

The crime of rape must be totally separated from all traditional concepts of chastity, for the very meaning of chastity presupposes that it is a woman's duty (but not a man's) to refrain from sex outside the matrimonial union. That sexual activity renders a woman "unchaste" is a totally male view of the female as *his* pure vessel. The phrase "prior chastity" as well as the concept must be stricken from the legal lexicon, along with "prosecutrix," as inflammatory and prejudicial to a complainant's case.

A history of sexual activity with many partners may be indicative of a female's healthy interest in sex, or it may be indicative of a chronic history of victimization and exploitation in which she could not assert her own inclinations; it may be indicative of a spirit of adventure, a spirit of rebellion, a spirit of curiosity, a spirit of joy or a spirit of defeat. Whatever the reasons, and there are many, prior consensual intercourse between a rape complainant and other partners of her choosing should not be scrutinized as an indicator of purity or impurity of mind or body, not in this day and age at any rate, and it has no place in jury room deliberation as to whether or not, in the specific instance in question, an act of forcible sex took place. Prior consensual intercourse between the complainant and *the defendant* does have some relevance, and such information probably should not be barred.

An overhaul of present laws and a fresh approach to sexual assault legislation must go hand in hand with a fresh approach to enforcing the law. The

question of who statutes is as im itself. At present violence who see of male authority, values and fender's camp.

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question of who interprets and who enforces the statutes is as important as the contents of the law itself. At present, female victims of sexual crimes of violence who seek legal justice must rely on a series of male authority figures whose masculine orientation, values and fears place them securely in the offender's camp.

. . .

That women have been excluded by tradition and design from all significant areas of law enforcement, from the police precinct, from the prosecutor's office, from the jury box and from the judge's bench, up to and including the appellate and supreme court jurisdictions, has created a double handicap for rape victims seeking justice under the laws of man's devise. And so it is not enough that the face of the law be changed to reflect the reality; the faces of those charged with the awesome responsibility of enforcing the law and securing justice must change as well.

I am convinced that the battle to achieve parity with men in the critical area of law enforcement will be the ultimate testing ground on which full equality for women will be won or lost. Law enforcement means quite literally the use of force when necessary, to maintain the social order, and force since the days of the rudimentary *lex talionis* has been a male prerogative because of size, weight, strength, biologic construction and *deliberate training*, training from which women have been barred by custom as stern as the law itself.

If in the past women had no choice but to let men be our lawful protectors, leaving to them not only the law but its enforcement, it would now seem to be an urgent priority to correct the imbalance. For things have come full circle. The biologic possibility that allows the threat and use of rape still exists, but our social contract has reached a point of sophistication whereby brute force matters less to the maintenance of law and order, or so I believe. I am not unaware that members of the police force in various cities have shown considerable reluctance to admit that size and strength may not be the prime factor in the making of an effective police officer, and they may be temporarily pardoned for sticking to outdated male values. New studies show quite conclusively that women police officers are as effective as

men in calming a disturbance and in making an arrest, and they accomplish their work in potentially violent situations without resorting to the unnecessary force that deserves its label, "police brutality."

I am not one to throw the word "revolutionary" around lightly, but full integration of our cities' police departments, and by full I mean fifty-fifty, no less, is a revolutionary goal of the utmost importance to women's rights. And if we are to continue to have armies, as I suspect we will for some time to come, then they, too, must be fully integrated, as well as our national guard, our state troopers, our local sheriffs' offices, our district attorneys' offices, our state prosecuting attorneys' offices—in short, the nation's entire lawful *power* structure (and I mean power in the physical sense) must be stripped of male dominance and control—if women are to cease being a colonized protectorate of men.

A system of criminal justice and forceful authority that genuinely works for the protection of women's rights, and most specifically the right not to be sexually assaulted by men, can become an efficient mechanism in the control of rape insofar as it brings offenders speedily to trial, presents the case for the complainant in the best possible light, and applies just penalties upon conviction. While I would not underestimate the beneficial effects of workable sex assault laws to "hold the line" and provide a positive deterrent, what feminists (and all right-thinking people) must look toward is the total eradication of rape, and not just an effective policy of containment.

A new approach to the law and to law enforcement can take us only part of the way. Turning over to women 50 percent of the power to enforce the law and maintain the order will be a major step toward eliminating *machismo*. However, the ideology of rape is aided by more than a system of lenient laws that serve to protect offenders and is abetted by more than the fiat of total male control over the lawful use of power. The ideology of rape is fueled by cultural values that are perpetuated at every level of our society, and nothing less than a frontal attack is needed to repel this cultural assault.

The theory of aggressive male domination over women as a natural right is so deeply embedded in our cultural value system that all recent attempts to

expose it—in movies, television commercials or even in children's textbooks—have barely managed to scratch the surface. As I see it, the problem is not that polarized role playing (man as doer; woman as bystander) and exaggerated portrayals of the female body as passive sex object are simply “demeaning” to women's dignity and self-conception, or that such portrayals fail to provide positive role models for young girls, but that cultural sexism is a conscious form of female degradation designed to boost the male ego by offering “proof” of his native superiority (and of female inferiority) everywhere he looks.

. . .

Once we accept as basic truth that rape is not a crime of irrational, impulsive, uncontrollable lust, but is a deliberate, hostile, violent act of degradation and possession on the part of a would-be conqueror, designed to intimidate and inspire fear, we must look toward those elements in our culture that promote and propagandize these attitudes, which offer men, and in particular, impressionable, adolescent males, who form the potential raping population, the ideology and psychologic encouragement to commit their acts of aggression *without awareness, for the most part, that they have committed a punishable crime*, let alone a moral wrong. The myth of the heroic rapist that permeates false notions of masculinity, from the successful seducer to the man who “takes what he wants when he wants it,” is inculcated in young boys from the time they first become aware that being a male means access to certain mysterious rites and privileges, including the right to buy a woman's body. When young men learn that females may be bought for a price, and that acts of sex command set prices, then how should they not also conclude that that which may be bought may also be taken without the civility of a monetary exchange?

. . .

A law that reflects the female reality and a social system that no longer shuts women out of its enforcement and does not promote a masculine ideology of rape will go a long way toward the elimination of crimes of sexual violence, but the last line of defense shall always be our female bodies and our female minds. In making rape a *speakeable* crime, not a matter of shame, the women's movement has al-

ready fired the first retaliatory shots in a war as ancient as civilization. When, just a few years ago, we began to hold our speak-outs on rape, our conferences, borrowing a church meeting hall for an afternoon, renting a high-school auditorium and some classrooms for a weekend of workshops and discussion, the world out there, the world outside of radical feminism, thought it was all very funny.

“You're talking about *rape*? Incredible! A *political* crime against women? How is a sex crime political? You're actually having women give testimony about their own rapes and what happened to them afterwards, the police, the hospitals, the courts? Far out!” And then the nervous giggles that betray confusion, fear and shame disappeared and in their place was the dim recognition that in daring to speak the unspoken, women had uncovered yet another part of our oppression, perhaps the central key: historic physical repression, a conscious process of intimidation, guilt and fear.

Within two years the world out there had stopped laughing, and the movement had progressed beyond the organizational forms of speak-outs and conferences, our internal consciousness-raising, to community outreach programs that were imaginative, original and unprecedented: rape crisis centers with a telephone hot line staffed twenty-four hours a day to provide counseling, procedural information and sisterly solidarity to recent rape victims and even to those whose assault had taken place years ago but who never had the chance to talk it out with other women and release their suppressed rage; rape legislation study groups to work up model codes based on a fresh approach to the law and to work with legislators to get new laws adopted; anti-rape projects in conjunction with the emergency ward of a city hospital, in close association with police-women staffing newly formed sex crime analysis squads and investigative units. With pamphlets, newsletters, bumper stickers, “Wanted” posters, combative slogans—“STOP RAPE”; “WAR—WOMEN AGAINST RAPE”; “SMASH SEXISM, DISARM RAPISTS!”—and with classes in self-defense, women turned around and seized the offensive.

The wonder of all this female activity, decentralized grass-roots organizations and programs that sprung up independently in places like Seattle, Indianapolis, Ann Arbor, Toronto, and Boulder,

Colorado, is that encouraged, or in their stern rule their fatherly so years of writer ganize to comb invention.

Men are not the contrary, th harshest penalti But given an ap an illegal encro: a stranger com gave (and still t of rules and reg erty penned in, keep his flock taking precaut from the fold. stranger, never the female as a fortunate tendi ished and war: male eyes as n her not to cla themselves. Su tious and genu: further aggrav they gave was appended the c not follow the own violation.

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Colorado, is that none of it had been predicted, encouraged, or faintly suggested by men anywhere in their stern rules of caution, their friendly advice, their fatherly solicitude in more than five thousand years of written history. That women should *organize* to combat rape was a women's movement invention.

Men are not unmindful of the rape problem. To the contrary, their paternalistic codes reserved the harshest penalties for a violation of their property. But given an approach to rape that saw the crime as an illegal encroachment by an unlicensed intruder, a stranger come into their midst, the advice they gave (and still try to give) was all of one piece: a set of rules and regulations designed to keep their property penned in, much as a shepherd might try to keep his flock protected from an outlaw rustler by taking precautions against their straying too far from the fold. By seeing the rapist always as a stranger, never as one of their own, and by viewing the female as a careless, dumb creature with an unfortunate tendency to stray, they exhorted, admonished and warned the female to hide herself from male eyes as much as possible. In short, they told her not to claim the privileges they reserved for themselves. Such advice—well intentioned, solicitous and genuinely concerned—succeeded only in further aggravating the problem, for the message they gave was to live a life of fear, and to it they appended the dire warning that the woman who did not follow the rules must be held responsible for her own violation.

A fairly decent article on rape in the March, 1974, issue of *The Reader's Digest* was written by two men who felt obliged to warn,

Don't broadcast the fact that you live alone or with another woman. List only your last name and initial on the mailbox and in the phone book. Before entering your car, check to see if anyone is hiding on the rear seat or on the rear floor. If you're alone in a car, keep the doors locked and the windows rolled up. If you think someone is following you . . . do not go directly home if there is no adult male there. Possible weapons are a hatpin, corkscrew, pen, keys, umbrella. If no weapons are available, fight back physically *only* if you feel you can do so with telling effect.

What immediately pops into mind after reading [this] advice is the old-time stand-up comedian's favorite figure of ridicule, the hysterical old maid armed with hatpin and umbrella who looks under the bed each night before retiring. Long a laughable stereotype of sexual repression, it now appears that the crazy old lady was a pioneer of sound mind after all.

But the negative value of this sort of advice, I'm afraid, far outweighs the positive. What it tells us, implicitly and explicitly, is:

1. A woman alone probably won't be able to defend herself. Another woman who might possibly come to her aid will be of no use whatsoever.
2. Despite the fact that it is men who are the rapists, a woman's ultimate security lies in being accompanied by men at all times.
3. A woman who claims to value her sexual integrity cannot expect the same amount of freedom and independence that men routinely enjoy. Even a small pleasure like taking a spin in an automobile with the windows open is dangerous, reckless behavior.
4. In the exercise of rational caution, a woman should engage in an amazing amount of pretense. She should pretend she has a male protector even if she hasn't. She should deny or obscure her personal identity, life-style and independence, and function on a sustained level of suspicion that approaches a clinical definition of paranoia.

Of course I think all people, female and male, child and adult, must be alert and on guard against the warning signs of criminal violence and should take care in potentially hazardous situations, such as a dark, unfamiliar street at night, or an unexpected knock on the door, but to impose a special burden of caution on women is no solution at all. There can be no private solutions to the problem of rape. A woman who follows this sort of special cautionary advice to the letter and thinks she is acting in society's interest—or even in her own personal interest—is deluding herself rather sadly. While the risk to one potential victim might be slightly diminished (and I even doubt this, since I have known of nuns who were raped within walled convents), not

only does the number of potential rapists on the loose remain constant, but the ultimate effect of rape upon the woman's mental and emotional health has been accomplished *even without the act*. For to accept a special burden of self-protection is to reinforce the concept that women must live and move about in fear and can never expect to achieve the personal freedom, independence and self-assurance of men.

That's what rape is all about, isn't it? And a possible deep-down reason why even the best of our concerned, well-meaning men run to stereotypic warnings when they seek to grapple with the problem of rape deterrence is that they *prefer* to see rape as a woman's problem, rather than as a societal problem resulting from a distorted masculine philosophy of aggression. For when men raise the spectre of the unknown rapist, they refuse to take psychologic responsibility for the nature of his act.

We know, or at least the statistics tell us, that no more than half of all reported rapes are the work of strangers, and in the hidden statistics, those four out of five rapes that go unreported, the percent committed by total strangers is probably lower. The man who jumps out of the alley or crawls through the window is the man who, if caught, will be called "the rapist" by his fellow men. But the known man who presses his advantage, who uses his position of authority, who forces his attentions (fine Victorian phrase), who will not take "No" for an answer, who assumes that sexual access is his right-of-way and physical aggression his right-on expression of masculinity, conquest and power is no less of a rapist—yet the chance that this man will be brought to justice, even under the best of circumstances, is comparatively small.

I am of the opinion that the most perfect rape laws in the land, strictly enforced by the best concerned citizens, will not be enough to stop rape. Obvious offenders will be punished, and that in itself will be a significant change, but the huge gray area of sexual exploitation, of women who are psychologically coerced into acts of intercourse they do not desire because they do not have the wherewithal to physically, or even psychologically, resist, will remain a problem beyond any possible solution of criminal justice. It would be deceitful to claim that the murky gray area of male sexual aggression and female passivity and submission can ever be made

amenable to legal divination—nor should it be, in the final analysis. Nor should a feminist advocate to her sisters that the best option in a threatening, unpleasant situation is to endure the insult and later take her case to the courts.

Prohibitions against a fighting female go back to the Bible. In one of the more curious passages in Deuteronomy it is instructed that when two men are fighting and the wife of one seeks to come to his aid and "drag her husband clear of his opponent, if she puts out her hand and catches hold of the man's genitals, you shall cut off her hand and show her no mercy." When the patriarchs wrote the law, it would seem, they were painfully cognizant of woman's one natural advantage in combat and were determined to erase it from her memory.

Man's written law evolved from a rudimentary system of retaliatory force, a system to which women were not particularly well adapted to begin with, and from which women were deliberately excluded, ostensibly for our own protection, as time went by. Combat has been such a traditional, exclusionary province of man that the very idea of a fighting woman often brings laughter, distaste or disbelief and the opinion that it must be "unnatural." In a confusion partially of their own making, local police precincts put out contradictory messages: they "unfound" a rape case because, by the rule of their own male logic, the woman did not show normal resistance; they report on an especially brutal rape case and announce to the press that the multiple stab wounds were the work of an assailant who was enraged because the woman resisted.

Unthinkingly cruel, because it is deceptive, is the confidential advice given from men to women (it appears in *The Reader's Digest* article), or even from women to women in some feminist literature, that a sharp kick to the groin or a thumb in the eye will work miracles. Such advice is often accompanied by a diagram in which the vulnerable points of the human anatomy are clearly marked—as if the mere knowledge of these pressure spots can translate itself into devastating action. It is true that this knowledge has been deliberately obscured or withheld from us in the past, but mere knowledge is not enough. What women need is systematic training in self-defense that begins in childhood, so that the inhibition resulting from the prohibition may be overcome.

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It would be decidedly less than honest if at this juncture I did not admit that my researches for this book included a three-month training program in jujitsu and karate, three nights a week, two and a half hours a night, that ended summarily one evening when I crashed to the mat and broke my collarbone. I lost one month of writing and the perfect symmetry of my clavicular structure, but I gained a new identification with the New York Mets' injury list, a recognition that age thirty-eight is not the most propitious *time in life to begin to learn how to kick and hit and break a stranglehold*, and a new and totally surprising awareness of my body's potential to inflict real damage. I learned I had natural weapons that I didn't know I possessed, like elbows and knees. I learned how to kick backward as well as forward. I learned how to fight dirty, and I learned that I loved it.

Most surprising to me, I think, was the recognition that these basic aggressive movements, the sudden twists, jabs and punches that were so foreign to my experience and ladylike existence, were the stuff that all little boys grow up learning, that boy kids are applauded for mastering while girl kids are put in fresh white pinafores and patent-leather Mary Janes and told not to muss them up. And did that early difference in rearing ever raise its draconic head! At the start of our lessons our Japanese instructor freely invited all the women in the class, one by one, to punch him in the chest. It was not a foolhardy invitation, for we discovered that the inhibition against hitting was so strong in each of us that on the first try none of us could make physical contact. Indeed, the inhibition against striking out proved to be a greater hindrance to our becoming fighting women than our pathetic underdeveloped muscles. (Improvement in both departments was amazingly swift.)

Not surprisingly, the men in our class did not share our inhibitions in the slightest. Aggressive physical grappling was part of their heritage, not ours. And yet, and yet . . . we women discovered in wonderment that as we learned to place our kicks and jabs with precision we were actually able to inspire fear in the men. We *could* hurt them, we learned to our astonishment, and hurt them hard at the core of their sexual being—if we broke that Biblical injunction.

Is it possible that there is some sort of metaphysical justice in the anatomical fact that the male sex organ, which has been misused from time immemorial as

a weapon of terror against women, should have at its root an awkward place of painful vulnerability? Acutely conscious of their susceptibility to damage, men have protected their testicles throughout history with armor, supports and forbidding codes of "clean," above-the-belt fighting. A gentleman's agreement is understandable—among gentlemen. When women are threatened, as I learned in my self-defense class, "Kick him in the balls, it's your best maneuver." How strange it was to hear for the first time in my life that women could fight back, *should* fight back and make full use of a natural advantage; that it is *in our interest* to know how to do it. How strange it was to understand with the full force of unexpected revelation that male allusions to psychological defeat, particularly at the hands of a woman, were couched in phrases like emasculation, castration and ball-breaking because of that very special physical vulnerability.

Fighting back. On a multiplicity of levels, that is the activity we must engage in, together, if we—women—are to redress the imbalance and rid ourselves and men of the ideology of rape.

Rape can be eradicated, not merely controlled or avoided on an individual basis, but the approach must be long-range and cooperative, and must have the understanding and good will of many men as well as women.

My purpose in this book has been to give rape its history. Now we must deny it a future.

[1975]



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What Became of God the Mother? Conflicting Images of God in Early Christianity

ELAINE H. PAGELS

Unlike many of his contemporaries among the deities of the ancient Near East, the God of Israel shares his power with no female divinity, nor is he the divine Husband or Lover of any.¹ He scarcely can be characterized in any but masculine epithets: