



Are You Using Your Wellness Benefits?

As a member of Sarah Lawrence College's Health Benefit Plan, you and your dependents have access to many wellness benefits at low or no cost to you. Using these benefits can help you and your family stay healthy and save money on healthcare.

Get to Know Your Benefits

Services for Adults

Preventive Screenings and Care

- Routine Physical Exams and Check-ups
- Cholesterol Screening
- High Blood Pressure Screening
- Diabetes Screening
- Hepatitis Screening and Immunization
- Lung Cancer Screening
- Colorectal Cancer Screening
- Tuberculosis Screening
- Prostate Screening*
- Bone Density Screening**
- Breast Health (Mammograms, Genetic Testing)**
- Cervical Cancer Screening (PAP Smear and HPV)**

Maternity Only

- Breast Feeding Support (Supplies and Counseling)***
- Prenatal Care***
- Gestational Diabetes Screening***
- Preeclampsia Prevention***

Behavioral & Lifestyle

- Alcohol Misuse Screening and Counseling
- STD Prevention Counseling and Screening
- Depression Screening
- Obesity Screening and Counseling for Weight Loss
- Dietary Counseling
- Tobacco Use Screening and Interventions
- Contraceptive Methods and Contraceptive Counseling**
- Domestic Violence Counseling**

Immunizations

- Flu
- Measles
- Mumps
- Rubella
- Tetanus
- Diphtheria
- Pertussis
- Chickenpox
- Human Papillomavirus (HPV)
- Meningococcal
- Pneumococcal

*Service for males only

**Service for females only

***Service for pregnant females only

Coverage may vary based on age, sex, or frequency.



Services for Infants, Children and Teens

Preventive Screenings and Care

- Annual Wellness Exams
- Hepatitis Screening and Immunization
- Vision Screening
- Hearing Screening
- Oral Health Assessment
- Autism Screening
- Cervical Abnormalities Screening (PAP Smear and HPV)
- Hypothyroidism Screening
- Lead Screening
- Lipid Disorders Screening
- Sickle Cell Anemia Screening
- Skin Cancer Counseling

Behavioral & Lifestyle

- Alcohol and Drug Use Screening
- STI Prevention Counseling and Screening
- Depression Screening
- Obesity Screening and Counseling to Improve Weight
- Behavioral Problems Screening
- Developmental Problems Screening

Immunizations

- Flu
- Measles
- Mumps
- Rubella
- Diphtheria
- Pertussis
- Pneumococcal
- Meningitis
- Tetanus
- Chickenpox
- Polio
- Rotavirus
- Hepatitis
- Human Papillomavirus (HPV)

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Expect **more.**
Benefit more.

For more information, call customer service at
833-275-7178.

Self-funded plans are administered by CoreSource, Inc. CoreSource, Inc. is a subsidiary of Trustmark Mutual Holding Company.

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